










Subject: PE	Week:1						
Class:MFY coms	Teacher: Mr Hollinworth						
<p>Learning Outcomes:</p> <p>I can complete the exercises for each day (can be spread out over a few weeks if needed). I can recognise the exercises and tell others which part of the body I am using.</p>							
<p>Activities:</p> <p>Daily exercise workout: Follow instructions and workouts.</p> <p>https://hollinwood-my.sharepoint.com/:w:/g/person/ahollinworth_newbridgegroup_org/EUZIRUZZ9EtPuESVooZmmy0BA-ciediDJoOle0f1rtt0Mg?e=85sYbi</p>							
<p>Evaluation:</p> <div style="display: flex; align-items: center;">  <table style="border: none;"> <tr> <td style="padding-right: 20px;">I can't do it yet</td> <td style="text-align: center;">  </td> </tr> <tr> <td style="padding-right: 20px;">I can nearly do it</td> <td style="text-align: center;">  </td> </tr> <tr> <td style="padding-right: 20px;">I can do it</td> <td style="text-align: center;">  </td> </tr> </table> </div>		I can't do it yet		I can nearly do it		I can do it	
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