

## Social Story

### What I must do to keep myself and others safe and healthy.

I am learning about keeping myself and others healthy. This is very important.

There are lots of germs everywhere. Most of the time this is ok, but sometimes these germs make people very poorly.

I can do some important things to try and stop the germs from making me or other people poorly.

I can wash my hands regularly using soap or a sanitiser.  
I can make sure I put a tissue to my mouth when I cough or sneeze.

I must stay at home with my family and stay away from my friends and other people that I usually see.

This will help to keep everybody safe and well.

This will be hard, but I will see my friends again when all these germs have gone away.