

Let's Cook for our heroes

RAINBOW LAYER SALAD

lettuce
red onion
hard boiled eggs
peas (frozen)
red/yellow or green pepper
cucumber
dressing
for garnish – bacon & cheddar cheese
Vegetarian's add fish or tofu instead of bacon
Bottle of salad dressing of your choice (make your own)



Method

Grill bacon , when cool cut into small pieces
Boil eggs, cool and remove from shell and slice
Boil peas then leave to cool
Rinse and dry lettuce (save some for the top)
Peel, chop and slice vegetables
Place half the lettuce in the bottom of a trifle bowl or other large, clear serving bowl.
Top with layers of onion, hard boiled eggs, peas, pepper and cucumber. Top with reserved lettuce.
Mix dressing ingredients and spread over top of the salad in a thick layer.
Top dressing with shredded cheese and crumbled bacon/ veggie option
Refrigerate until ready to eat.

